

**50** YEARS  
1971-2021



**Big Brothers  
Big Sisters**  
OF REGINA AND AREA

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September 19, 2021

**Dear BBBS Parents, Caregivers, Mentees, and Volunteers,**

Effective Friday, September 17, the Government of Saskatchewan announced measures against COVID-19. This includes a province-wide mandatory masking order for all indoor public spaces, and effective October 1, a proof of vaccination or negative test requirement for several establishments, businesses and event venues.

For more details visit,

September 16 News Release: <https://www.saskatchewan.ca/government/news-and-media/2021/september/16/province-implements-interim-mandatory-masking-effective-september-17-proof-of-vaccination-requiremen>

Current Public Health Measures: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/public-health-measures>

More information on vaccinations, which the Government of Saskatchewan and Saskatchewan Health Authority continue to advocate for as one of the best ways to stop the spread of COVID-19 and keep everyone safe: <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-vaccine>

### **What does this mean to you?**

As always, we want to make sure our program participants are safe as they continue to connect and build relationships.

As more individuals get vaccinated and public health measures keep changing, we understand that people may be comfortable with different levels of risk. We remind all mentors and families to respect the comfort level of your matches and of their parents and guardians, when planning activities. If anyone has concerns or questions on this issue, please bring them up with one of our staff.



*At Big Brothers Big Sisters of Regina and Area, Moose Jaw and Weyburn we continue to make the following recommendations to our matches and their families:*

#### Big/Little Outings

- If getting together in person, follow the rules/restrictions of the business/public space;
- Respect the comfort level of your matches and those of their parents and guardians (e.g. getting together in person vs. virtual; wearing a mask when in person; continuing physical distancing, etc);
- Wear a mask when together in any indoor spaces (this includes cars, homes, etc)
- Continue to practice frequent and effective hand washing/sanitizing practices;
- Do not get together in-person if you are feeling unwell, have any [symptoms](#), or if you or someone in your household has been in close contact with anyone who has tested positive for or suspects they have COVID-19;
- A virtual get together can substitute a face to face outing, talk with your Mentoring Coordinator who can help you with ideas.

Our Mentoring Coordinators continue to conduct “in-person” match support via a virtual platform.

We continue to organize Big Group Activities every month for program participants, make sure to check your emails as that is how we send out invites. You can also always ask your Mentoring Coordinator (or any of the staff) about upcoming events.

**As always, do not hesitate to reach out if you have questions, comments or concerns.**

Take care and stay safe,



Dominika Krzeminska  
Executive Director

